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# TOOTH TRIBUNE

Volume 4, Issue 11

Dr. Clayton Fuller ORTHODONTIST November Toothousand-Three

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## **Study Tips & Strategies**

*School is well under way and we've decided to ask Dr. Fuller for some advice on studying. As he has had 23 years of formal education in becoming an orthodontist.*

- Do not get behind in schoolwork. Playing catch-up is stressful and leads to feelings of being overwhelmed.
- Review notes each day from each class. This will keep information familiar.
- Test yourself as you study. It helps you remember and gives you self confidence.
- Organize your information. Our memories work as a filing system and one idea can trigger an association with other ideas.
- Read and study during your most alert time of the day.
- Make learning fun. Have family and friends quiz you. This will re-enforce how much you have learned and will impress your parents and you.
- When preparing for a test, be rested, be positive, be calm, and be focused.
- Remember you are building a learning pyramid for your whole life. The better you learn

the lessons of your current grade, the easier the next grade will be.

- Break up your goals into little parts, this will help with procrastination.
- Remember you are working to make yourself an educated contributor to a society that rewards hard work and ingenuity.

## **NOV. EVENTS**

November 27<sup>th</sup> is Thanksgiving Day. Remember what we are celebrating for and enjoy your Holiday. Look for the winner of our Halloween costume contest in the December issue of the Tooth Tribune.

## **ROLE MODEL**



Dr. Fuller & Judge DePaolo

*Ms. DePaolo is our role model for this month. She is a judge for the Immigration section of the Department of Justice.*

**Q:** What does one have to do to become a judge? What is the education process in becoming a judge?

**Judge DePaolo:** After graduating from high school and college, I went to law school for three years. I then worked as a criminal defense attorney for seven years. Then I applied for the position of Immigration Judge and was accepted.

**Q:** What advice do you have for students who would like to pursue a career in law?

**Judge DePaolo:** Get a good education while you are young. Enjoy reading and writing and be especially good at taking tests. Learning is so much easier when you have a plan and are disciplined to that plan.

**Q:** What does an immigration judge do?

**Judge DePaolo:** I deal with people who enter the U.S illegally and people who are in trouble with the law and are not here legally. My office is in the prison where they are housed.

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## **NEW FACES**

### **WITH BRACES**

*Brandi Hockaday  
Stephan Roberson  
Justine Tachiki  
Brittney Hubbard  
Andy Diaz  
Julio DelMarLuna  
Edwardo Salazar  
Kyle Linton  
Kylie Linton  
Steven Bacot  
Luman Lin  
Dominique Rivera  
Juanita Kirksey  
Michael Hemry  
Louis Olvera  
Michelle Rangle  
Christian Argana  
Gaby Marin  
Christopher Vogt  
Kelsey Vogt  
Melissa Sanchez  
Daniel James  
Lauren Jimenez  
Arlene Herrera  
Carlisle Cummins  
Andrew Debaca*

## **GRADUATES WITH**

### **NEW SMILES**

*Raymond Silveyra  
Lorena Orozco  
Esefrain Melendez  
Sonia Alfaro  
Brittany Gans  
Charles Williams  
Katrina Johnson  
Alex Martinez*

## **NEWS FLASH:**

Andrew Avallone and his family went to Cusco, Peru and visited the ancient ruins in Machu Pichu. They hiked for days on the Inca Trail and learned a lot about survival in the jungle. Brave family, we're quite proud of you. Those are memories for a lifetime!!!

## **NEWS FLASH:**

Evan and Nathan Berg traveled to Chicago for their Grandparent's 50<sup>th</sup> wedding anniversary. They visited family and got to go to Six Flags amusement park while they were there. Whoa! Lots of FUN!!!

## **HAPPY BIRTHDAY TO:**

Jack Christiansen, Tamia Bruce, Robert Valenzuela, Khristine Vinluan, Daryll Arzadon, Michael Roybal, Lorena Adams, Andres Cruz, Kathleen Yelinek, Armando DelMarLuna, Joseph Kirby, Nicholas Martinez, Rolanne Quidez, Juan Ramirez, Lizadel Yarisantos, Veronica Howard, Tommy Pachucki, Kimberly Sabino, Marisol Lopez, Amada Smith, Christine Sabino, Angel Del Valle, Carolene Cabrera, Edgar Moreno, Julia Rodriguez, Melissa Cardinez, Nathan Suslovic, Gregory Cabras, Fritz Shultz, Bobby Boggs, Erica Gonzalez, Jessica Jimenez, Ali Morales, Andrew Brodbeck, Richard Sapien, Melissa Church, Francisco Navarro, Natasha Williams, Jesus Ramirez, Cory Hull,

Isabella Wood, Aimee Albino, Michael Flesch, Rose Reyes, Veronica Guerra, Esefrain Melendez, Harvey Shapiro, Jonathan Cardenas, Kimberly Huddleston, Brittany Rivera, Marianela Zamudio, Monique Chambers, Esmeralda Rodriguez, William Honaker, Brittany Papineau, Wendy Munoz, Kelle Waggoner, Celina Graham, Sherryl Dela Cruz, Ricardo Rivero, Zachery Zebb, Nick Burneff, Luis Davo, Michelle Rangel, Sunshine Godbey, Amanda Jones, Suzanne Ibarra, Cynthia Castillo, Oscar Luna, Amber Jansey, Andres Hernandez, Heath Shephard, Brina Morales, Jamie Laheist, Lydia Campos, Ruben Bravo, James Atkinson, Christopher Hopkins, Armando Guzman, Soyoung Choi, Justine Heaps.

